

All 3 Skills Camps take place at Ron Joyce Stadium and utilize the David Braley Athletic Centre at McMaster University.



# McMASTER FOOTBALL



## SKILLS CAMPS

For more information please contact:

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[www.marauders.ca/footballcamps](http://www.marauders.ca/footballcamps)

**Sunday April 13th - Pass & Cover Camp**

**Sunday April 13th - Good for 3 Kicking Camp**

**Saturday April 19th - Up Front Lineman Camp**

# McMASTER FOOTBALL SKILLS CAMPS

All three McMaster Football Skills Camps are skill based camps for high school aged athletes. Led by Head Coach **Stefan Ptaszek**, his coaching staff and current McMaster Marauder student-athletes, the coaching emphasis at all camps will be skill development and fundamentals with the ultimate goal of preparing players both mentally and physically for the next level.

For more detailed information on all 3 camps, please visit:  
[www.marauders.ca/footballcamps](http://www.marauders.ca/footballcamps)

## Sunday, April 13th - Good for 3 Kicking Camp

The 5th Annual Good for 3 Camp includes two on-field sessions as well as classroom sessions. Athletes will receive detailed training programs for preseason, in-season and post season. Run by McMaster Kicking & Punting Coach **Dana Segin**, this camp is a great development tool for both the beginner and experienced placekicker.

## Sunday April 13th - Pass & Cover Camp

Geared towards both offensive and defensive players, the 6th Annual Pass & Cover Camp focuses exclusively on the passing game. The first of two on-field sessions will focus on drills, skill development and 1 on 1's. McMaster coaches, alumni and current student athletes will then install systems for the campers to build to a full 7 on 7 skelly session in the afternoon.

## Saturday April 19th - Up Front Lineman Camp

The premier lineman camp in Southern Ontario, the 7th Annual Up Front Lineman Camp is for both O and D linemen. Founded and coordinated by Marauder Offensive Line Coach **Jason Riley**, athletes receive outstanding on-field instruction from an all-star lineup of coaches that includes over 20 current and former CFLers. The second of two on field sessions concludes with a competitive 1 on 1 period for the more experienced players (helmet and shoulder pads only). There is also a strength and conditioning session and nutrition seminar.

[**Note:** Helmet and shoulder pads can be rented from McMaster Football for a \$20 fee]

## What You Get

- Great coaching and a high coach to player ratio
- Access to some of the best facilities in the CIS
- On-field and classroom sessions
- Camp T Shirt/Practice Jersey (Lineman Camp ONLY)
- McMaster Football Gift
- Nutritious lunch
- One ticket to a 2014 McMaster Marauders home game
- A 20% discount to McMaster's Pre-Season High School Camp in August

## What You Need to Bring

- Shorts
- T-Shirt
- Football Shoes (Cleats or Turf Shoes)
- Mouth Guard
- Water Bottle
- Kicking Tee and Football (Good for 3 Camp ONLY)
- Helmet and Shoulder Pads (Lineman Camp ONLY)

## Cost to Register

Cost to Register for one of McMaster Football Skills Camps: **\$90+HST**

## How to Register

All registrations for McMaster Football Skills Camps are either online or in person.

**ONLINE:** Go to [www.marauders.ca/footballcamps](http://www.marauders.ca/footballcamps), click on "Register" and follow the instructions to pay by credit card.

**IN PERSON:** At the David Braley Athletic Centre Business Office to pay by cheque, money order, debit, cash or credit card.

\* All proceeds from McMaster Football Skills Camps go directly to the Marauder Scholarship Fund